Health Department

**Chronic Disease and Healthy Lifestyle Workgroup**
Monday, December 10, 2018
9:00 AM- 10:30AM
Macomb County Health Department - Auditorium

**1. Welcome and Introductions**

**2. Review August Meeting Minutes**

**3. Move More Macomb Presentation**

a) Events: Get Out and Play Day, Veterans Memorial Day Run, Jingle Bell Run

i. How else can we promote the initiative?

**4. Group Discussion**

a) Brainstorming Activity: Naming the School Guide

b) Chronic Disease Prevention/ Management Programs

c) Physical Activity in the Workplace

i. What programs have your organizations implemented? Successes? Challenges?

ii. What should we be sharing or, where needed, developing?

d) Future Meetings

i. Is there a topic area or organization that you would like to hear about/from?

ii. Are there areas or needs that you have identified that we should be addressing as a workgroup?

**5. Partner Updates**

**6. Workgroup Changes**

a) GovDelivery

b) Poll for Meeting Dates and Times: https://www.surveymonkey.com/r/CDHL18

**7. Next Meeting – February 2019**