



Agenda

- 1) Welcome and Introductions
- 2) Recap of Last Meeting
 - Approval of minutes
- 3) Groups
 - Objective 1: Increase access to healthy food
 - o Programming Challenges
 - Smarter Lunchrooms
 - FUTP60
 - o School Wellness/Needs Assessment
 - o Physical Activity Survey Results
 - Future distribution
 - o Farm to School Directory
 - o Healthy Eating Guidelines
 - o Summer Food Programs
 - o Upcoming meetings/presentations
 - Objective 2/4: Improve understanding of basic healthcare and utilization of oral health care services.
 - o Review of oral health assessment results
 - Future distribution
 - Next steps
 - o Oral Health Kits
 - o How does the Medicaid Work Rule affect Macomb County residents?
- 4) Homework
 - Assigned at Groups
- 5) Next Meeting: September, 2018





Agenda

1) Welcome and Introductions

Mary Halleck, *Molina Healthcare*; Susan Rhein, *MCHD*; Ashley Mascagni, *MCHD*; Madeline Habib, *CMH/HSCB*; Mike Dexter, *MyCare Health Center*; Emily Norton, *MCHD*; Cynthia Dickson, *MCHD*; Laprisha Berry Vaughn, *Macomb Children's Healthcare Access Program*; Deirdre Young, *United Way*; Cheryl Woods, *MCHD*; Mirissa Bosch, *MCHD*; Erika Lojko, *MCHD*; Natalie Dean-Wood, *MCHD*; Megan Vinyard, *Macomb Community College*; Lillian Schreiber, *MCHD*; Maria Swiatkowski, *MCHD*

2) Recap of Last Meeting

Meeting minutes were approved from the March 2018 meeting. No changes were made.

3) Group Work

The Access to Services workgroup split into two sections during this meeting to address Objectives 1, 2, and 4. Notes from the breakouts are below:

- Objective 1: Increase access to healthy food
 - o Programming Challenges
 - Smarter Lunchrooms
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 - o Upcoming meetings/presentations

The workgroup started discussion with a review of workgroup efforts since our last meeting in March. Emily shared data related to the number of schools participating and enrolled in Smarter Lunchrooms and/or Fuel Up to Play 60. Since our last meeting, 24 schools were contacted about participating in these programs. Meetings were held with representatives from the MISD, Team Nutrition (MDE), United Dairy Industry of Michigan, MSUE, United Way, Henry Ford Macomb, and individual schools related to these programs. We also heard from schools about their individual needs, such as meal programs for student athletes, that these two programs do not address. After receiving feedback from these community partners, as well as low response rates from schools, we determined to take a step back from promoting these two programs and plan to move forward with a School Needs Assessment. The workgroup briefly discussed assessments that already exist, such as the School Health Index, and talked about the need for an individualized survey that we could create. The workgroup discussed how best to disseminate the assessment and it was determined that October-February would be the best time to implement a survey. The group discussed the importance of inclusivity in survey distribution related to allowing multiple professionals to take the survey (including secretaries, teachers, and Food Service Directors in addition to principals and superintendent/admin). It was decided that the workgroup should attempt to attend or present at an annual meeting for school secretaries. Emily will draft assessment questions and will send them to the workgroup for feedback.

Next, the workgroup discussed the preliminary results of the physical activity survey that was distributed at the Senior Fun Festival. Specifically, 50% of survey respondents indicated that they would like to know



more about healthy eating guidelines and 46.88% indicated that they would like to know more about how to cook healthy foods (comparatively, only 25% who indicated they would like to know more about physical activity guidelines and 21.88% wanted to know more about how to exercise). The workgroup recommended that the survey be distributed at housing facilities, library events, and recreation/senior centers. The workgroup shared information about networks, such as SOAR (Society for Active Retirees). The workgroup discussed the need for a cooking class to teach people how to cook for one person, as opposed to family meals that serve 4 or more, especially due to data showing that more Americans are living alone than ever before. The workgroup brainstormed ideas of how to teach people how to cook healthy foods such as short how-to videos, social media, incentives, and cooking demonstrations. There was discussion about the resources available such as MSUE, SNAP, CHAP, and Cooking Matters. Next, the workgroup talked about resources that may be available to hand to survey respondents in order to close the gap between receiving a survey back and connecting that person with services or resources. A resource developed with Macomb County food and nutrition resources was discussed as well as the new kiosks available in some Macomb County buildings. Other resources discussed were the WebMD Portion Size, Dairy Council, MDE page, and Project Fresh. The workgroup discussed the need for increased social media presence to promote food programs and the possibility of a text alert system for residents to find out about resources like the Mobile Food Pantry or Meet Up to Eat Up. Finally, the workgroup discussed the development of a Farm to School directory. Based on feedback from the MISD and MSUE, the Health Department would like to develop a directory that can be used by Macomb County schools. The workgroup agreed that this would be a beneficial project and discussed the existing Healthy Oakland Partnership Farm to School Directory. The workgroup discussed some of the unique needs for Macomb County to develop a directory. Various resources and contacts were suggested for the workgroup to follow up with for insight related to the development of the directory. It was also suggested that the workgroup target a district to 'pilot' a Farm to School program. Next steps or 'Homework' for the workgroup:

1. Share any resource cards/flyers/pamphlets related to access to food/how to cook healthy foods.
2. Submit any ideas or thoughts about questions to include or distribution methods for the School Needs Assessment to emily.norton@macombgov.org.
3. Think about ways that the workgroup may be able to utilize the table at RAP (Resources A Plenty) City.

- Objective 2/4: Improve understanding of basic healthcare and utilization of oral health care services.
 - o Review of oral health assessment results
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The workgroup discussed the Senior Fun Fest and the surveys given out/returned. Maria reported that 60 surveys were returned. Most individuals had seen a dentist in the last year. 100% of respondents indicated that oral health was important for overall health. Less than 20% knew where to find low cost



of free resources. Demographic breakdown of the respondents was close to overall breakdown of Macomb for race/ethnicity. All respondents but a few were 55+ in age.

Discussion centered on how to reach at risk populations for survey. Cheryl will work with MCHD Outreach workers will take survey to some of their events and will have Immunization staff provide survey in clinic. Erika will reach out to Sister Val in Romeo (St. Clement) for Hispanic population and will also do some outreach at the Southeast Health Center to get additional surveys in. Madeline will take surveys to St. Francis St Maximillian Social Services Fair on 6/24 for additional Hispanic population surveys. ACCESS will offer survey to clients and contact Maria to collect/enter surveys. Laprecia will work with M/O CHAP clients to provide either Survey Monkey link or PDF survey. Maria will email link (Survey Monkey) to all Access to Services work group members as well as PDF copies of the survey in all three languages. Maria will also reach out to HeadStart to see if the survey can be given out at their upcoming summer outreaches or if family coordinators/liaisons can assist. Maria is waiting to hear from Kristie King (MCA) on options to reach the senior population at congregate meal sites. Additional options can be considered to expand the reach of the survey. The goal is to have a few hundred responses by end of August. Maria will be presenting on the survey results/structure at the Southeast Oral Health Summit in the fall.

Oral health kits – MCHD is looking for a DDS provider to assist with ordering the kits from Smile Makers. Possibly contact at My Community Dental Center or Dierdre Young, DDS (United Way) will be able to help facilitate order. Kits will be provided with educational materials in appropriate languages for clientele.

Group discussed creating/crafting an opinion piece on the upcoming work requirements for Medicaid recipients. United Way has some background information/educational information available on their website. Possible to work with MCOHC to create a statement. Or have MCHD director send one out as well. Another option was to plan ahead for the possible legalization of marijuana (November ballot) and craft an opinion piece on the possible concerns/risks.

Maria will follow up with work group on survey distribution as the summer progresses.

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